

**Assessment 1: History of Nurse Education**

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Nursing is an important part of health care because it includes a wide range of roles and responsibilities that are important for promoting and maintaining health, preventing illness, and caring for people who need it. The history of nursing and nursing education is a fascinating and complex one, with a rich tradition that has evolved over time to reflect changes in healthcare and society (Catalano et al., 2019). The origins of nursing can be traced back to ancient civilizations, where individuals acted as caregivers and healers. In ancient Egypt, for example, priests and priestesses served as healers, while in ancient Greece, the goddess Hygieia was the patroness of healing and the arts of medicine. In the Middle Ages, nursing was largely carried out by religious orders, with nuns and monks providing care to the sick and injured. This article is based on an analysis of the history and trends of nursing and nursing education.

In the early days of nursing, it was thought that women were the only ones who could do it, and it was often linked to housework. The training for nursing was informal and done mostly through apprenticeships, where experienced nurses would teach new nurses on the job. The first formal training for nurses in the United States began in 1873 at Bellevue Hospital Training School for Nurses in New York City. This marked the beginning of the formalization of nursing education in the US ("History of Nursing Timeline: How Nursing Education Has Evolved," 2021). Another historical influence on nursing was war. During times of war, nurses were needed to care for wounded soldiers. This led to the development of military nursing, which provided nurses with specialized training in caring for soldiers. The experiences of nurses during war also led to advances in nursing practice, such as the development of triage and the use of new medical technologies.

The Industrial Revolution also had a significant impact on nursing. This led to the creation of hospitals and the professionalization of nursing. The development of hospitals led

to the creation of nursing schools, where nurses could receive formal education and training. In the mid-1900s, nursing education began to shift away from hospital-based programs and toward university-based programs (Egenes, 2017). This shift was in response to the changing needs of the healthcare system and the need for nurses with more advanced education. This led to the creation of the first bachelor's degree in nursing in the US at the University of Minnesota in 1909. Today, most nursing education programs are offered at the university level and offer a range of degrees from associate's to doctoral degrees.

Social and political considerations shaped 20th-century nursing. The National League for Nursing and the American Nurses Association standardized nursing education and professional standards. Nurses advocated for minority healthcare during the civil rights struggle. Nursing education has evolved with healthcare. Interprofessional education, when students from different healthcare areas learn together is one example. This may help healthcare practitioners collaborate and benefit patients. Gerontology and palliative care nurses are in high demand due to aging and chronic diseases. Interprofessional education, where students from different healthcare areas learn together, has also gained attention as a way to improve healthcare teamwork and communication. Nurses must work with other healthcare providers to provide the best care. Nurses must cooperate well with others to achieve this goal.

To sum up, nursing and nursing education have a long and storied history that has been influenced by many different cultural, economic, and political currents. Nursing has changed over time to keep up with the changing needs of the healthcare system. It has been affected by religion and the military, technological advances, and a focus on promoting health and preventing disease. To deal with the challenges and take advantage of the opportunities of the 21st century, nurses of the future will need to be flexible, aware of other cultures, and committed to learning for the rest of their lives. Nurses can keep their importance in the

healthcare system by staying up to date on these changes and working with other professionals to give patients the best care possible.

## References

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